



LRAEF ProStart Student Camellia Brand Recipe Contest

Recipe Submission Form

Recipe Name: _____

School Name: _____

Recipe Type: Starter Salad Entrée Dessert

Camellia Bean(s) Used: Red Kidney Lady Cream Peas Black Beans Crowders

Team Member Names		

Ingredients	
Item	Amount
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	

Procedure

Please submit 5x7 color photo of your completed product with this recipe submission form.

Recipes must be submitted either electronically or by mail by January 12, 2015.

Louisiana Restaurant Association Education Foundation

c/o Jennifer Jeansonne

2700 N. Arnoult Road

Metairie, LA 70002

jjjeansonne@lra.org