# **GRACE'S GUILTLESS GRILL**

{lean · delicious · fast}

# BREAKFAST

Served All Day

#### POWER BREAKFAST S'WICH

Five Egg Whites, Low Fat American Cheese, Turkey Bacon On a 7 Grain Roll (277 cal) \$4.99

#### OATMEAL

Served with Honey, Cinnamon, Choice of one fruit (Strawberry, Banana, or Blueberry) (240 cal) \$4.99

# **Burgers & S'WICHES**

Burgers are grilled and served on a Whole Wheat Bun

# POWER BURGER

Bison Burger, 3 Egg Whites, Low Fat American Cheese, Lettuce, Tomato (485 cal) **\$9.49** 

# **BISON S'WICH**

Bison Burger, Canadian Bacon, Lettuce, Tomato (413 cal) **\$8.99** 

STEAKHOUSE S'WICH 90% Lean Prime Sirloin, Caramelized Onion, Steak Sauce (413 cal) **\$9.49** 

# SMOKEHOUSE TURKEY

Turkey Burger, Turkey Bacon, American Cheese, Smoky BBQ Sauce (472 cal) **\$9.49** 

# SOUTHWEST TURKEY

Turkey Burger, American Cheese, Avocado Salad, Salsa (394 cal) **\$8.99** 

#### **BLUE & WHITE BURGER**

90% Lean Prime Ground Sirloin, Blue Cheese, Mozzarella, Lettuce, Tomato (439 cal) **\$8.99** 

# GARDEN S'WICH

Soy, Onions, Carrots, Zucchini, Corn, Peppers, Tomato, Lettuce (318 cal) **\$7.49** 

> FIRE CHICKEN Chicken Burger, Hot Sauce, Ranch Dressing (329 cal) **\$8.99**



Grace's Marketplace LI 81 Glen Cove Rd. Greenvale, NY 11548 516.621.5100 www.GracesMarketplace.com

