

CHANGEMYEATING^{INC}

861 North Vista Street
Los Angeles, CA 90046
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Cooking Class Group Contract (1 class)

Sunday 10:00 am-1:00 pm

Date: _____

- Perfectly Portioned Post-op Meals
- Filling Dinner Quickies
- Beyond the Basics: Shakes + Entrees
- Healthy Thanksgiving Cooking
- Holiday Favorites - Revised!

1. Program Description

The cooking class is a one-time 3-hour class taught by a Registered Dietitian. The class is designed to provide a hands-on application to the healthy lifestyle you are striving to achieve. The class includes demonstration of meals and sides with samples. Additionally included are the recipes and nutrition analysis of each recipe demonstrated for your reference. Successful previous patients or other professionals may co-facilitate the cooking class.

2. Program Cost

The program cost is \$100 for the one time session. Additional materials may not be included and may be offered at an additional charge.

3. Refunds and Missed Classes

In the event you do not complete the program or it was not to your satisfaction, we will **NOT** issue any refunds.

Please note that Change My Eating, Inc. accepts cash, checks or major credit cards as methods of payment. You must sign below and pay the total amount set forth above on or before the first day of class.

Please sign below if you have read, understand and agree to the terms set forth in this letter of agreement.

Thank you for choosing Change My Eating, Inc. for your healthcare needs.

Signature of Patient or Responsible Party

Date

Printed Name

Date of Birth