



Entrée Salads

MENU ITEM	Calories	Fat Calories	Total Fat	Sat Fat	Trans Fat	Cholest.	Sodium	Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calcium	Iron
BBQ Ranch	780	420	47g	10g	0g	95mg	1310mg	56g	9g	26g	38g	270%	210%	40%	20%
Northwest Cobb	1400	1030	116g	31g	0g	375mg	2760mg	29g	10g	15g	62g	240%	60%	45%	20%
Northwest Cobb - ND*	800	470	53g	21g	0g	340mg	1570mg	21g	7g	10g	60g	240%	50%	40%	20%
Candied Walnut	1030	670	76g	18g	0g	50mg	850mg	73g	7g	52g	22g	200%	35%	50%	25%
Candied Walnut - ND*	780	440	50g	14g	0g	50mg	650mg	69g	7g	52g	22g	200%	35%	50%	20%
Gorgonzola Steak	1700	1090	122g	41g	0g	380mg	3890mg	27g	7g	14g	122g	310%	160%	80%	40%
Gorgonzola Steak - ND*	1300	710	78g	34g	0g	355mg	3000mg	23g	7g	11g	121g	310%	160%	70%	40%
Southwest Chicken	1100	400	45g	13g	0g	120mg	2700mg	123g	25g	14g	57g	300%	170%	70%	50%
Southwest Chicken - ND*	530	200	23g	13g	0g	110mg	1790mg	43g	13g	8g	42g	290%	170%	50%	30%
Toasted Sesame Chicken	590	200	23g	3.5g	0g	60mg	1020mg	68g	8g	25g	27g	290%	210%	20%	30%
Toasted Sesame Chicken - ND*	380	50	6g	1g	0g	55mg	670mg	55g	8g	13g	27g	290%	210%	20%	30%

* ND - no dressing

as of September 2014