



## BOTOX / XEOMIN POST-TREATMENT INSTRUCTIONS/INFORMATION

- 1) DO NOT rub or manipulate the area that has been injected with the Botox/Xeomin solution. This can result in migration from the targeted muscle.
- 2) DO exercise the muscle that has been injected with the Botox/Xeomin solution for 4 hours after the procedure.
- 3) DO NOT lie flat or move into a forward bending position for 4 hours after the procedure. Lying down (as for a nap) can cause the solution to migrate from the targeted muscle and lead to complications.
- 4) Although some patients may experience treatment effect in 48 to 72 hours, most patients do not notice full treatment effect for 7 to 14 days following the treatment. Should you desire additional treatment, a 30-day wait is desirable.
- 5) Although extremely rare, allergic reaction to Botox serum can occur. If you experience EXTREME skin redness, swelling or rash, or SEVERLY swollen or puffy eyes, or SEVERE headache, you may be allergic to Botox serum or you may have developed antibodies to the Botox serum from previous treatment. You MUST call the office immediately and be seen by the physician or go directly to your closest emergency room to confirm the reaction as allergic as well as be treated.
- 6) After treatment, if you have any questions, concerns or experience any problems, please call our office at 843-203-3386.