# **Seafood Curriculum aligned with ProStart Learning Objectives**

ProStart
Learning
Objective

# Seafood Curriculum Alignment / Links

Additional Resources

# Level 1: Foundations of Restaurant Management & Culinary Arts

# **Chapter 1: Overview of Restaurant and Foodservice Industry**

# Section 1.1:

1.2

Categorize the types of businesses that make up the travel and tourism industry.

## **Louisiana Travel Website**

LINK- www.louisianatravel.com

Website designed as a resource to support the Louisiana Culture. Broken down by to be used to inform the public of LA products and services as it relates to seafood restaurant industry.

- This website is a great resource for students/teachers to use for researching how LA seafood is in our culture; from holidays, to food, to pastimes, to sightseeing.
- Things to do:
  - o Culinary
    - Trail events
    - Trails map- Louisiana map broken down by area, name based on type of food and region of state; handout
    - Restaurant by type
  - o **Popular Passions** links to what Louisiana is known for
  - o Culture- additional links broken down by topic, many related to food
  - o Top 100- based on visitors feedback, 100 things to do in Louisiana
    - Many are associated with Seafood
  - o **Outdoors** How seafood and fishing go hand-in-hand
    - Fishing- Saltwater, Freshwater
      - Maps of good fishing spots
      - Fishing videos
      - Fish types with details

This website can be used as a scavenger hunt to show students how Seafood is a part of the Travel and Tourism Industry in Louisiana.

### Website sign-up

http://www.louisianatravel.com/enewsletter

• eNewletter to received lasted news on area events and eateries

### **Culinary Road Trips**

http://www.louisianatravel.com/culinary/home

• There are eight culinary trails that cover the entire state; you'll find suggestions for culinary experiences to take your trip to a new level.

<ul> <li>Articles associated with fishing</li> <li>How to links</li> <li>Swamps- types and areas</li> <li>Louisiana Alligators on swamp tours</li> <li>Music</li> <li>Find Destinations:         <ul> <li>View an interactive map, animated by pictures to describe the different regions in Louisiana</li> <li>By clicking on the different map regions you can find details on cities, places to eat, events, attractions, popular places, where to stay, and other things to do while in the state- all of which support the tourism industry in Louisiana</li> </ul> </li> <li>Festival &amp; Events:         <ul> <li>Describes the over 400 festivals and events that occur each year</li> </ul> </li> <li>Places to Stay:         <ul> <li>Search by places to stay or by location of accommodations</li> </ul> </li> </ul>	
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Learning Media	
tching a Career: Jobs in Louisiana's Seafood Industry rt I and Part II ctronic Fieldtrips LINK- Part I: http://beta.lpb.org/index.php/E-Trips/e- trip_archive/catching_a_career_jobs_in_louisianas_seafood_industry_part_1 LINK- Part II: http://beta.lpb.org/index.php/E-Trips/e- trip_archive/catching_a_career_jobs_in_louisianas_seafood_industry_part_2  rtip_archive/catching_a_career_jobs_in_louisianas_seafood_industry_part_2  rtip_archive/catching_a_career_jobs_in_louisianas_seafood_industry_part_2	Learning what works for America CTE  • Hospitality and Tourism http://www.careertech.org/career-clusters/resources/plans/hospitality.html  • Plans of Study with Occupation Examples
e L	el Industry Careers Association  LINK- <a href="http://www.travelindustrycareers.org/">http://www.travelindustrycareers.org/</a> Career Paths  O Explore this sector  Education and Training

- Success Stories
- o Job Ads

# **National Restaurant Association**

### **Restaurant Careers**

- Link- <a href="http://www.restaurant.org/Restaurant-Careers">http://www.restaurant.org/Restaurant-Careers</a>
- Training and Education
  - o Get Started
- Career Development
  - o Job Outlook
    - NRA Research
      - Research Reports
      - What's Hot
      - State Statistics
  - Career Options
    - Job Titles
    - Industry Profiles
- Job Board
  - o Job Seekers
  - o Job Posters
- Related News

## **Industry Impact**

- LINK- <a href="http://www.restaurant.org/Industry-Impact">http://www.restaurant.org/Industry-Impact</a>
- Employing America
  - o Economic Engine
    - The Facts
    - Feeding the US Economy
  - o Jobs & Career Powerhouse
    - Restaurant Industry employment
    - Career Ladder for Millions
  - o Entrepreneur Builder
    - Statistics tell the Story

# **Chapter 2: Keeping Food Safe**

# Section 2.3: 2.15

Identify ways to prevent cross-contamination.

# Department of Health & Hospitals, State of Louisiana

**FOR Consumers** 

- LINK- http://new.dhh.louisiana.gov/index.cfm/page/663
  - Clean
  - Separate
  - Cook
  - Chill

# Food Safety. Gov

Safe Food Handling

- $\begin{array}{l} \bullet \quad LINK-\\ \underline{http://www.fda.gov/downloads/Food/FoodborneIllnessContaminants/UCM257049.pd}\\ \underline{f} \end{array}$
- What you need to know
- 4 steps to food safety

### Seafood

• LINK-

 $\underline{http://www.fda.gov/Food/FoodborneIllnessContaminants/BuyStoreServeSafeFood/UCM2006759.htm}$ 

## ServSafe National Restaurant Association

Instructor/Proctor & Resource Tab

- LINK- http://www.servsafe.com/
- Resources
  - Posters
  - o Food Service Learning Supplements
  - o Food Safety Industry Resources

### US Food and Drug Administration website

http://www.fda.gov/Foo d/FoodborneIllnessCont aminants/BuyStoreServ eSafeFood/ucm077331.h tm

Food Facts

# **USDC Seafood Inspection Program**

 Simple Solutions to Handling Seafood Safely <a href="http://www.seafood.nmf">http://www.seafood.nmf</a>
 s.noaa.gov/Consumerbr
 ochure.pdf

## Seafood Network Information Center

 Purchasing and Preparation
 <a href="http://seafood.oregonsta">http://seafood.oregonsta</a>
 <a href="te.edu/Consumer-Seafood-Information.html">te.edu/Consumer-Seafood-Information.html</a>

	<ul> <li>Topics of Interests</li> <li>Finfish/Shellfish Receiving Criteria</li> <li>Shellstock ID tags</li> <li>Minimum Internal Cooking Temperatures</li> <li>Seafood Toxins</li> <li>Purchasing from Reputable Suppliers</li> </ul>	
	Chapter 3: Workplace Safety	
Section 3.1 Safety	Official Boater Safety Education Course – Boat Louisiana Course Online Education Course – Free to take only pay when pass test  • LINK- <a href="http://www.boat-ed.com/louisiana/">http://www.boat-ed.com/louisiana/</a> • State of Louisiana & NASBLA Approved and U.S. Coast Guard Recognized  • Boater Education content  • Video Instruction  • Interactive Animation	
	Chapter 4:Kitchen Essentials 1	
Section 4.1: 4.2 Dining Brigade	Culinary Schools.org  Types of Chefs  LINK- <a href="http://www.culinaryschools.org/chef-types/">http://www.culinaryschools.org/chef-types/</a> Chef jobs, Training and Career Paths  Foodservice Operations: Brigade Systems  Article  LINK- <a href="http://maine75.hubpages.com/hub/FoodserviceOperations-BrigadeSystems">http://maine75.hubpages.com/hub/FoodserviceOperations-BrigadeSystems</a> The classic brigade systems, used primarily in fine dining operations, both in the kitchen and dining room have clearly defined jobs.	

Chapter 5: Kitchen Essentials 2			
Section 5.1: 5.5 List the different types of preparation equipment used in the foodservice kitchen and give examples of their uses.	Frugé's Seafood Video Harvest Time Seafood: Crab Meat  • LINK - http://www.frugeseafood.com/harvest-time-seafood-crab-meat/  Gregor Jonsson Inc. Shrimp Peeling Systems Shrimp Peeling System Video  • LINK- http://www.jonsson.com/  Seafood Network Information system Links and Information  • Seafood Industry  • LINK- http://www.jonsson.com/  • Processing, Equipment, Supplies and Packaging links to resources	About Seafood.com  • Regulations  http://www.aboutseafood .com/sites/all/files/share/S afe Seafood from Wate r to Table 071807.pdf	
Section 5.2: 5.9  Demonstrate the proper use of knives.	Quizlet Fish and Seafood Fabrication and ID  • LINK - <a href="http://quizlet.com/15788379/fish-and-seafood-fabrication-and-id-flash-cards/">http://quizlet.com/15788379/fish-and-seafood-fabrication-and-id-flash-cards/</a> Fruge' Seafood  Product Demos - Filleting  • LINK - <a href="http://www.frugeseafood.com/product-demos/">http://www.frugeseafood.com/product-demos/</a> • Examples: Shark, Sheepshead, Redfish, Flounder, Black Drum, etc.  Paul's Fishing Kites  Cleaning Fish and Filleting Fish  • LINK- <a href="http://www.fishingkites.co.nz/cleaning-fish/fishindex.htm">http://www.fishingkites.co.nz/cleaning-fish/fishindex.htm</a>	Food Service Warehouse .com  • How do you choose and maintain knives- video http://www.foodservicew arehouse.com/education/ chefs-corner/ask-keegan- how-do-you-choose-and- maintain-knives video/c32121.aspx	

#### **Bubba Blades** Bubba Blades video series LINK- http://www.bubbablade.com/ Section 5.3: About Seafood.com 5.12 When is Seafood Done? List and explain how LINK- http://www.aboutseafood.com/cooking/when-seafood-done the three types of Description of seafood types and how to know when cooked cooking work. Seafood Preparation by Method 5.13 Describe dry-heat LINK- http://www.aboutseafood.com/cooking/seafood-preparation-method cooking methods Description of seafood cooking methods and list the foods to which they are **About.com Culinary Arts** suited. **Dry Heat Cooking Methods** 5.14 LINK- http://culinaryarts.about.com/od/dryheatcooking/a/dryheatcook.htm Describe moist-heat Dry-heat cooking refers to any cooking technique where the heat is transferred to the food item cooking methods without using any moisture. Dry-heat cooking typically involves high temperatures, meaning 300°F and list the foods to or hotter. which they are suited. Sautéed Tilapia with Bacon, Capers & Baby Tomatoes LINK- http://culinaryarts.about.com/od/fishseafood/r/tilapiabacon.htm?p=1 5.15 Recipe using dry cooking method Describe combination-heat Moist-Heat Cooking Methods cooking methods and list the foods to LINK- http://culinaryarts.about.com/od/moistheatcooking/a/moistheatcook.htm which they are Moist heat cooking refers to various methods for cooking food with, or in, any type of

liquid — whether it's steam, water, stock, wine or something else.

suited.

# Chapter 6: Stocks, Sauces, and Soups

## Section 6.1:

#### 6.2

List and explain the various types of stock and their ingredients.

#### Section 6.3:

#### 6.13

Prepare several kinds of soups

# **Stock Recipes**

Fish Stock – Food.com

• LINK-Fish Stock A La Normandy Recipe - Food.com - 174843
© 2013 Scripps Networks, LLC. All Rights Reserved. http://www.food.com/174843

## Seafood Stock - Food.com

• LINK- http://www.food.com/recipe/seafood-stock-246374

© 2013 Scripps Networks, LLC. All Rights Reserved. http://w w w.food.com/246374

# **Boil Recipe**

Boil – Besh Restaurant.com

• LINK- http://beshrestaurantgroup.com/recipe/crab-boil

From My New Orleans: The Cookbook by John Besh / Andrews McMeel Publishing

#### Louisiana Seafood Website / How to Guides

http://www.louisianaseafood.com/how-guides

- How to make a Roux:
  - o Picture and step-by-step process
- Andouille and Oyster Gumbo recipe

## **Sauce Recipe**

Louisiana Seafood Cocktail Sauce – Chef John Folse and Company.com

• LINK - <a href="http://www.jfolse.com/recipes/stocks">http://www.jfolse.com/recipes/stocks</a> sauces/stock sauce41.htm

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# WAFB News Station Stirring it up: Fish & Seafood Recipes w/ Video

• LINK - <a href="http://www.wafb.com/Global/category.asp?C=17579&nav=menu57\_7\_1\_6">http://www.wafb.com/Global/category.asp?C=17579&nav=menu57\_7\_1\_6</a>

#### **Additional Recipes:**

#### Food.com

- Louisiana Corn and Crab Bisque
  - http://www.food.com/recipe/louisiana-corn-and-crab-bisque-153703
- Cajun Crawfish and Shrimp Etouffe

http://www.food.com/reci pe/cajun-crawfish-andshrimp-etouffe-503646

#### Besh Restaurant.com

• Seafood Gumbo

http://beshrestaurantgrou p.com/recipe/seafoodgumbo

My New Orleans- The Cookbook by John Besh

Chef John Folse and Company.com

- Sauces / Misc.
- http://www.jfolse.com/recipe s/misc/misc05.htm
- http://www.jfolse.com/fr stocks.htm

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Level 2: Foundations of Restaurant Management & Culinary Arts				
ProStart Learning Objective	Seafood Curriculum Alignment / Links	Additional Resources		
	Chapter 1: Breakfast Food and Sandwiches			
Section 1.3: 1.10 Give examples of different types of sandwiches, including simple hot, open-faced, hors d'oeuvres, grilled, deep-fried, and simple cold. 1.14 Demonstrate preparation of several types of sandwiches.	Breakfast Recipe Louisiana Shrimp and Grits Chef John Folse and Company.com  LINK- http://www.jfolse.com/recipes/breakfast brunch/breakfast35.htm Copyright © 2007 Chef John Folse & Company.  Crawfish Omelet Chef John Folse and Company.com  LINK - http://www.jfolse.com/recipes/seafood/crawfish09.htm Copyright © 2007 Chef John Folse & Company.  Sandwich Recipes Nice and Spicy Catfish Po'boy Chef John Folse and Company.com —  LINK - http://www.jfolse.com/recipes/seafood/fish30.htm Copyright © 2007 Chef John Folse & Company.  Louisiana Crab and Twin Cheese Panini Chef John Folse and Company.com —  Link - http://www.jfolse.com/recipes/seafood/crab24.htm Copyright © 2007 Chef John Folse & Company.	Chef John Folse and Company.com  Fish Fry http://www.jfolse.com/recip es/seafood/fish35.htm  Sauces / Misc. http://www.jfolse.com/re cipes/misc/misc05.htm  Other Seafood Recipes http://www.jfolse.com/fr_ seafood.htm Copyright © 2007 Chef John Folse & Company.		

## **Chapter 2: Nutrition**

# **Section 2.1: 2.1**

Explain why nutrition is important to the foodservice industry.

## **American Heart Association**

Frequently asked Questions about Fish

• LINK- <a href="http://www.heart.org/HEARTORG/General/Frequently-Asked-Questions-About-Fish\_UCM\_306451\_Article.jsp">http://www.heart.org/HEARTORG/General/Frequently-Asked-Questions-About-Fish\_UCM\_306451\_Article.jsp</a>

## LSU AG Center

Health Benefits of Seafood

- Including seafood as part of an overall balanced diet can provide many health benefits. This publication includes tips on selecting, storing and using seafood.
- LINK- http://www.lsuagcenter.com/en/communications/publications/publications+catalog/food-d+and+health/nutrition/health+benefits+of+seafood.htm

# Louisiana Seafood Website / Seafood Handbook (Encyclopedia of Louisiana Seafood)

http://www.louisianaseafood.com/seafood-handbook

Everything you ever wanted to know about Louisiana seafood is in one easy to use reference resource. Details on Crawfish, Shrimp, Fish Crab, Alligator, Oyster

- Serving size:
  - Which is larger jumbo or giant? What is the difference between Select and Extra Select? We make confusing descriptions to Louisiana Seafood easy to understand.
  - o Including serving size details for the featured seafood species

#### **American Heart Association**

• Suggested Servings From Each Food Group

http://www.heart.org/HE ARTORG/GettingHealth y/NutritionCenter/Health yDietGoals/Suggested-Servings-from-Each-Food-Group UCM 318186 Ar ticle.jsp

- Portion control handout http://www.heart.org/idc/ groups/heartpublic/@wcm/@global/d ocuments/downloadable/ ucm\_321861.pdf
- Serving Size Visual http://www.heart.org/idc/ groups/heartpublic/@wcm/@global/d ocuments/downloadable/ ucm 321862.pdf

#### My Fitness Pal

http://www.myfitnesspal.com/food/calorie-chart-nutrition-facts

# 2.8

Identify food sources of proteins.

### **American Heart Association**

The American Heart Association's Diet and Lifestyle

#### Recommendations

Protein options for a healthy lifestyle

• LINK-

http://www.heart.org/HEARTORG/GettingHealthy/NutritionCenter/HealthyDietGoals/The-American-Heart-Associations-Diet-and-Lifestyle-Recommendations UCM 305855 Article.jsp

Protein and Omega 3 details and 10 ten options

• LINK- <a href="http://www.heart.org/HEARTORG/GettingHealthy/NutritionCenter/Fish-101\_UCM\_305986">http://www.heart.org/HEARTORG/GettingHealthy/NutritionCenter/Fish-101\_UCM\_305986</a> Article.jsp#.Uoza\_EskfZI.email

# **Seafood Health Facts.org**

Seafood Nutrition Overview

• LINK- <a href="http://seafoodhealthfacts.org/pdf/seafood-nutrition-overview.pdf">http://seafoodhealthfacts.org/pdf/seafood-nutrition-overview.pdf</a>

# Seafood Network Information Center

 Miscellaneous information on proteins
 http://seafood.oregonstat
 e.edu/Consumer Seafood Information.html

# **Chapter 3: Cost Control**

# **Section 3.4: 3.25**

List and describe purchasing, receiving, and storage procedures that help to preserve quality and control costs.

# **Food Safety. Gov**

Fresh and Frozen Seafood, Serving it Safely

- LINK- http://www.foodsafety.gov/keep/types/seafood/
- Video on Food Safety
  - o PDF Handout- Selecting and Serving it Safely
  - LINK http://www.fda.gov/downloads/Food/FoodborneIllnessContaminants/UCM2394
     97.pdf

#### **Seafood News.com**

http://www.seafoodnews.c om/

# **Chapter 4: Salads and Garnishing**

## Section 4.1:

4.3

Identify various types of salad and explain how to prepare them.

#### SALAD RECIPES

Shrimp Remoulade – **Besh Restaurant.com** 

• LINK- <a href="http://beshrestaurantgroup.com/recipe/shrimp-remoulade">http://beshrestaurantgroup.com/recipe/shrimp-remoulade</a>
From My New Orleans: The Cookbook by John Besh / Andrews McMeel Publishing

# Crawfish Pasta Salad – Chef John Folse and Company.com

• LINK - <a href="http://www.jfolse.com/recipes/salads/meat09.htm">http://www.jfolse.com/recipes/salads/meat09.htm</a>

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# Spicy Grilled Tuna Salad with Ponchatoula Strawberry Vinaigrette – Chef John Folse and Company.com

• LINK – <a href="http://www.jfolse.com/recipes/salads/meat01.htm">http://www.jfolse.com/recipes/salads/meat01.htm</a>
Copyright © 2007 Chef John Folse & Company.

# Louisiana Crawfish Striped Salad –

## **Louisiana Seafood and Promotion Board**

• LINK –

 $\underline{http://sell.louisianasea food.com/RecipePDFs/Louisiana\%20 Crawfish\%20 striped\%20 salad.pdf}$ 

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### **Additional Recipes**

# Chef John Folse and Company.com

Salads

http://www.jfolse.com/frsalads.htm

Copyright © 2007 Chef John Folse & Company.

# Louisiana Seafood and Promotion Board

• Menu ideas

http://buy.louisianaseafo od.com/default.aspx

©2013 Louisiana Seafood Promotion and Marketing Board

# **Chapter 5: Purchasing and Inventory**

## Section 5.1:

**5.6** 

Describe the buyer's role in a foodservice operation and explain the importance of ethical behavior to a buyer.

## **Louisiana Seafood and Promotion Board**

Find a Supplier

• LINK- http://buy.louisianaseafood.com/FindASupplier.aspx

# Louisiana Foods.com

Market Reports and Resources

• LINK- <a href="http://www.louisianafoods.com/">http://www.louisianafoods.com/</a>

#### Louisiana Foods.com

Recipes

http://www.louisianafoods.c

Chapter	6: Meat	, Poultry,	, and Seafood	d
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# Section 6.3:

#### 6.13

Outline the federal grading systems for seafood.

# **NOAA- National Oceanic & Atmospheric Administration**

**Seafood Inspection Program** 

- LINK- http://www.seafood.nmfs.noaa.gov/Standards\_for\_Grades.htm
- U.S. Standards for Grades of Fishery Products

# Frugé's School of Fish-Grading Tuna

Tito Espindola with Super Fish Seafood Corp explains the differences between grades

• LINK - <a href="http://www.frugeseafood.com/fruges-school-of-fish-grading-tuna/">http://www.frugeseafood.com/fruges-school-of-fish-grading-tuna/</a>

#### 6.14

Describe the various kinds of seafood.

#### 6.15

Identify the proper purchasing and storing procedures for seafood.

#### 6.16

List factors that affect purchasing decisions for seafood.

#### 6.17

Outline basic techniques for cooking seafood.

#### 6.18

Match various cooking methods with different forms of seafood.

### Louisiana Seafood Website / Seafood Handbook

(Encyclopedia of Louisiana Seafood)

http://www.louisianaseafood.com/seafood-handbook

Everything you ever wanted to know about Louisiana seafood is in one easy to use reference resource. Details on Crawfish, Shrimp, Fish Crab, Alligator, Oyster

#### • Species:

- o A brief introduction to each of the featured seafood species, including Latin names, where they live and how they are harvested
- How to Buy:
  - o What to look for when buying Louisiana Seafood, both fresh and frozen
- Storage:
  - o How to keep your Louisiana Seafood fresh after you purchase
  - o Storage tips and techniques
- Seafood Seasons:
  - When the best time to purchase the different featured species
- How to Prepare:
  - o Before you start to cook, there are some things you should know about proper preparation of your seafood
- Cooking Techniques:
  - o Baked, Broiled, Steamed, Sautéed, and so much more.
  - o This is the place you can find out all the ways to prepare Louisiana Seafood!

#### Louisiana Seafood Website / How to Guide

http://www.louisianaseafood .com/how-guides

This resource provides a diagram and a recipe for each

- How to Clean a Softshell Crab
- How to Filet a Fish
- How to Peel a Crawfish
- How to Peel a Shrimp
- How to Shuck and Oyster

#### • How to Eat:

- o Not sure how to peel a crawfish or crab open a crab?
- o This is your instruction manual for Louisiana Seafood

# Department of Wildlife and Fisheries- www.wlf.louisiana.gov

# Resources - Fish Identification

- LINK- http://www.wlf.louisiana.gov/fish-identification
- Pictures with description including; length, weight, diet, range

## Resources - Brochures

- Black Drum
- Crappie
- Largemouth Bass
- Red Drum
- Red Snapper
- Southern Flounder
- Spotted Seatrout
- Yellowfin Tuna

## **Chapter 9: Sustainability in the Restaurant and Foodservice Industry**

# Section 9.4: 9.11

Define the term local sourcing.

### **Green Chef Blue Ocean**

Free Online Seafood Sustainability Certification course for chefs

- LINK- <a href="http://www.oceanfriendlychefs.org/">http://www.oceanfriendlychefs.org/</a>
- Sign-up

#### Next Wave Youth Education

- LINK- http://blueocean.org/programs/next-wave-youth-education/
- Blue Ocean is devoted to educating kids of all ages about the wonders of the ocean and the need to protect it. Our collective educational efforts are called "Next Wave."

### Sustainable Seafood

- LINK- <a href="http://blueocean.org/programs/sustainable-seafood-program/">http://blueocean.org/programs/sustainable-seafood-program/</a>
- Ocean Friendly Substitutes and Seafood Facts

### Sodexo

Spotlight on Local Sourcing and Farmers Markets

 LINKhttp://stevensdiningservices.com/sustainability/documents/SustainabilityUpdateII.pdf

# Frugé Aquafarms – Video

Catching Crawfish

- LINK http://www.frugeseafood.com/fruge-aquafarms-baiting-trapping-live-crawfish/
- Short video on how crawfish farmers catch the crawfish

# Department of Wildlife and Fisheries- www.wlf.louisiana.gov

Fishing Tab – Seasons

- LINK- http://www.wlf.louisiana.gov/node/34527
- Seasons for Shrimp, Crab, Oyster, Finfish

# Monterey Bay Aquarium Seafood Watch

• Southeast Consumers Guide

http://www.montereybayaqu arium.org/cr/cr\_seafoodwat ch/content/media/MBA\_Seaf oodWatch\_SoutheastGuide. pdf

9.12 Identify the steps a restaurant or foodservice operation should take to purchase and then promote the use of sustainable food products.	Artificial Reef Program  LINK- <a href="http://www.wlf.louisiana.gov/fishing/artificial-reef-program">http://www.wlf.louisiana.gov/fishing/artificial-reef-program</a> History, Oil & Gas Education, Maps and Guides  Gulf Seafood Trace Article  Gulf Seafood Industry Going High-Tech To Tell Its Story — The Outdoor Wire 07/14/2012  LINK- <a href="http://www.theoutdoorwire.com/story/1342172219gm6y79uxwpv">http://www.theoutdoorwire.com/story/1342172219gm6y79uxwpv</a> Ocopyright 2013 The Outdoor Wire Digital Network. All Rights Reserved.  Louisiana Seafood and Promotion Board —Buy.LouisianaSeafood.com Why Louisiana?  Link - <a href="http://buy.louisianaseafood.com/WhyLouisiana.aspx">http://buy.louisianaseafood.com/WhyLouisiana.aspx</a> Seafood Passion — Videos on the proud, passionate people who live and fish in Louisiana tell their story and explain what makes the flavor of seafood from Louisiana superior.  Chef's Council - Meet the world-renowned culinary experts from across the country who have joined together to promote and advocate for fresh, wild-caught, sustainable Louisiana Seafood and Promotion Marketing Board Members - In 1984, the State of Louisiana Seafood and Promotion Marketing Board Members - In 1984, the State of Louisiana Seafood and Promotion Marketing Board Members - In 1984, the State of Louisiana's commercial fishing industry and respond to changes in the marketplace and in the environment.  Louisiana Department of Wildlife and Fisheries Resources  Louisiana Oyster Commercial Rules and Regulations Brochure  We Manage Fisheries Brochure	Seafood health facts.org  Sustainability and Regulations http://seafoodhealthfacts.org/sustainability/fisheries.php  Seafood Regulatory oversight http://seafoodhealthfacts.org/sustainability/oversight.php
9.13 Identify the issues surrounding the global production of seafood, coffee, animals, and	World Wildlife.org Sustainable Seafood - Farmed Seafood  • LINK - <a href="http://worldwildlife.org/industries/farmed-seafood">http://worldwildlife.org/industries/farmed-seafood</a> • Articles, Photos and videos	Seafood Health Facts.org  Overview of the U.S. Seafood Supply <a href="http://seafoodhealthfacts.org/seafood-choices/over">http://seafoodhealthfacts.org/seafood-choices/over</a>

organic food.

## Louisiana Seafood and Promotion Board - Article

Louisiana Blue Crab is the First Sustainable Blue Crab Fishery in the World 1/28/2013 by: The Board

- LINK <a href="http://buy.louisianaseafood.com/News.aspx?ID=52">http://buy.louisianaseafood.com/News.aspx?ID=52</a>
- Additional articles listed on the website

# **Gulf Source**

Gulf Ecosystem

- LINK- http://gulfsource.org/ecosystem.html
- Information on Ecosystem, Habitat and Fisheries

# Oyster Testing Video

- Methodology
- LINK- http://gulfsource.org/methodology.html
- Explanation on testing as it pertains to oil spill

## **NOAA Fish Watch.gov**

Outside the US

- LINK- http://www.fishwatch.gov/farmed\_seafood/outside\_the\_us.htm
- Explanation of the importation of seafood
  - What Farmed Seafood do we import
    - o Where does it come from
    - o How is it regulated

# **Monterey Bay Aquarium Seafood Watch**

Wild Seafood, Plenty of Fish in the Sea

- LINK- http://www.montereybayaquarium.org/cr/cr\_seafoodwatch/issues/wildseafood.aspx
  - o Overfishing
  - o Illegal fishing
  - o Habitat Damage
  - o By Catch
  - o Management

view.php

 Overview of the U.S. Seafood Industry <a href="http://seafoodhealthfacts.">http://seafoodhealthfacts.</a> org/seafood\_choices/over view industry.php

## **Seafood Network Information Center**

http://seafood.oregonstat e.edu/Consumer-Seafood-Information.html

• Sustainable Seafood information

Chapter 10 / Chapter 11: Global Cuisine			
Section 10.1, 10.2, 10.3  Section 11.1, 11.2, 11.3, 11.4	Food and Agriculture Organization of the United Nations Who Eats Fish?  • LINK- http://www.fao.org/focus/e/fisheries/img/percaptl.pdf • Graph  Go Backpacking- Round the World Travel Guide 5 Countries for Seafood Lovers • LINK- http://gobackpacking.com/countries-seafood-lovers/  Whats4Eats.com International Recipes & Cooking Around the World • LINK- http://www.whats4eats.com/ • International Recipes and Iconic Dishes from Around the World		
OTHER:	Monterey Bay Aquarium Seafood Watch Fishing Methods  • LINK- <a href="http://www.montereybayaquarium.org/cr/cr_seafoodwatch/sfw_gear.aspx">http://www.montereybayaquarium.org/cr/cr_seafoodwatch/sfw_gear.aspx</a> • How We Fish • How We Farm Fish • Fishing Methods • Videos of each Fishing Method	<ul> <li>BeshRestaurant.com</li> <li>Redfish Courtboullion         <ul> <li>http://beshrestaurantgrou</li> <li>p.com/recipe/redfish-courtboullion</li> </ul> </li> <li>Besh Restaurants- Louisiana Seafood                 Festival - September 10, 2010</li> </ul> <li>Other Seafood Recipes</li>	